



## Mental Health Day Support Services

People's Place is a recovery-based Psychosocial Rehabilitation program. The program serves individuals who have serious mental illness and co-occurring mental illness-substance use disorders.

People's Place offers a range of structured activities and supports designed to help members maximize their potential. The philosophy is to offer each member a sense of importance, ownership and empowerment.

The program focuses on wellness, member strengths and potential through assessment and person-centered planning. People's Place strives to facilitate member empowerment, community integration and independent living.

All referrals are made through case management services for membership.

Wellness, Support & Recovery Services



# Colonial Behavioral Health

## Mission & Vision Statement

### Our Mission

To facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders.

### Our Vision

Continuing to serve as a vital partner in a community system of care that promotes the highest possible quality of life.



## People's Place

Busch Industrial Park  
111 Warwick Ct.  
Williamsburg, VA 23185

**Phone:** 757-253-4382

**Fax:** 757-253-4392

Monday through Friday  
8:30 a.m. to 4:30 p.m.

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### 24/7 Crisis Services

757-378-5555

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**[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)**

Serving James City County, City of Poquoson,  
City of Williamsburg and York County



# People's Place



## Groups

People's Place assists members by developing and supporting personal living skills, social skills, community integration and a healthy and fulfilling life.

### Therapeutic:

- Social skills
- Assertiveness Training
- Conflict resolution
- Communication
- Self-esteem

### Support:

- Wellness and Recovery (WRAP)
- Women's issues
- Men's issues
- Symptom Management

### Community Living:

- Community Integration
- Voting
- Budgeting
- Socialization

### Personal:

- Independent living skills
- Hygiene and Grooming
- Finance
- Cooking

### Leisure:

- Social opportunities
- Interest development
- Outings
- Special Events
- Creative Arts

### Leadership:

- Leadership Development
- Public Speaking
- Empowerment
- Training Opportunities
- Consumer Association Involvement

## Services

People's Place assists members to develop skills through training in food service, clerical, retail and community participation.

**Clerical Service Unit:** develops office management planning and follow-up skills.

- Receptionist skills
- Record keeping
- Newsletter contribution
- Computer skills

**Retail Unit:** develops basic financial skills and customer service training through an in-house canteen.

- Cash register
- Inventory control
- Customer service
- Financial skill development

**Food Service/Breakfast Unit:** develops food service and preparation skills through budget analysis, hands on training and familiarization with Health Department Regulations.

- Menu planning
- Obtaining a Food Handler's Card
- Food preparation
- Serving
- Operations and appliances
- Customer Service and Sales

**Volunteer Service Unit:** develops interpersonal skills, increases employment eligibility and enhances quality of life.

- Volunteer work at the Humane Society
- Community involvement
- Job readiness