



## Community Partners

### **Child Development Resources (CDR)**

Providing services to young children and families and training and technical assistance for the professionals who serve them.

### **James City County Parks and Recreation**

**Poquoson, Williamsburg/James City County and York Public Schools**

### **South-Eastern Family Project**

A residential addiction treatment program providing clinical help to pregnant mothers with their addiction and emotional problems, while learning daily living and parenting skills.

### **SpiritWorks Foundation**

Helping individuals and families sustain long term recovery from addiction, and children and youth live free from the intergenerational cycle of addiction in their families.

### **Other local and state agencies**

Wellness, Support & Recovery Services



# Colonial Behavioral Health

## Mission & Vision Statement

### **Our Mission**

To facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders.

### **Our Vision**

Continuing to serve as a vital partner in a community system of care that promotes the highest possible quality of life.



## Substance Use Disorder Services for Pregnant and Parenting Women

### **Williamsburg Office**

1651 Merrimac Trail  
Williamsburg, VA 23185

**Phone:** 757-220-3200

**Fax:** 757-229-7173

### **York-Poquoson Office**

3804 George Washington  
Memorial Hwy.  
Yorktown, VA 23692

**Phone:** 757-898-7926

**Fax:** 757-898-4505

### **24/7 Crisis Services**

757-378-5555

**[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)**

Serving James City County, City of Poquoson,  
City of Williamsburg and York County



## Services for Pregnant and Parenting Women



### Serving the Mother

Pregnant women are given preference in admission to treatment and are seen within 48 hours of their request to reduce health risks to her and her unborn child.

#### Treatment choices include:

- Outpatient Women's Substance Use Disorder (SUD) Counseling Groups
- Counseling for relationships, sexual and physical abuse, and parenting issues
- Intensive Outpatient Program
- Referral to inpatient treatment through South-Eastern Family Project

#### Case Management Services:

- Helping establish eligibility for public assistance programs
- Assisting in arranging transportation for services
- Linking to child care providers during services
- Arranging for primary medical care, including prenatal care
- Linking to inpatient services

### Serving the Whole Family

Both women and their children are provided treatment services as appropriate.

#### Treatment choices for children include:

- Developmental assessment and treatment services
- Services that address the child's experiences of abuse, neglect or trauma
- Intensive In-Home Therapy

#### Case Management Services:

- Helping families meet the needs of their children in their home community by identifying needs, developing services plans, coordinating service plans with other providers and monitoring services once they are in place.
- Accessing funding for housing, leisure, educational and respite needs for qualified families
- Arranging for pediatric care including immunizations

### Admission and Referral

For admission and referrals, please contact the Central Access Screener at **757-220-3200** between 8 a.m. and 5 p.m.

Crisis services are also available 24 hours a day 365 days a year.

### Staff

All services are provided by our clinically trained professional staff. Colonial Behavioral Health programs are licensed by the Virginia Department of Behavioral Health and Developmental Services.

### Fees

Services are provided on a fee for service basis. Most insurance plans and HMOs are accepted. Persons without insurance coverage are charged according to ability to pay, based on income and dependents. No one will be denied services because they are unable to pay.