## Colonial Behavioral Health's

# FY2024 Annual Report



#### **Leadership Team**

David A. Coe, Executive Director
Nancy Parsons, Director of Fiscal Services
Dan A. Longo, Director of Behavioral Services
Marsha Obremski, Director of Operations
Chaenn Thomas, Director of Human Resources
Linda Butler, Director of Developmental Services
Katie Leuci, Director of Information Services
Kyra Cook, Director of Special Projects

## Reach of Services

3,557

community members received services

66,304\*

total interactions between CBH staff and individuals, families and groups served

43,164\*

total number of individual, family, and group appointments

Includes face-to-face and teleheath services (video and telephone contacts)

825 children & adults adolescents (ages 18-59) (ages 0-17)

509

individuals received developmental disability services

1,550

individuals received emergency or other services

1,459

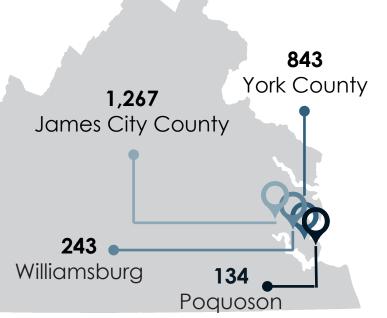
individuals received mental health services

296

individuals received substance use disorder services

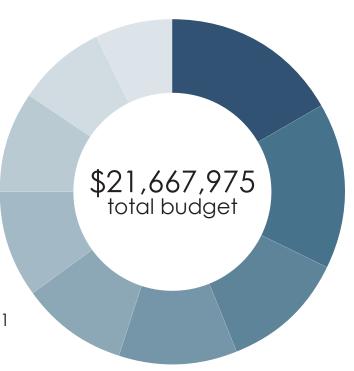
Individuals Served by Resident Locality

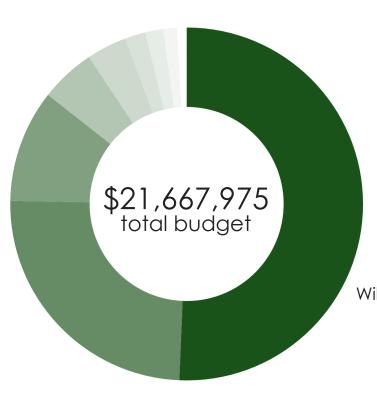
**1,070** Other Areas



# Spending

- Child & Adolescent Services \$4,016,395
- Residential Services \$2,867,270
- Adult Outpatient Services \$2,704,972
- Community Support \$2,477,498
- Emergency Services \$2,470,508
- Day Support \$2,397,804
- Administrative \$1,646,882
- Assertive Community Treatment \$1,573,621
- Medical Services \$1,513,025





### Revenue

- State & Federal Funding \$10,977,955
  - Medicaid \$5,332,000
  - James City County \$2,237,000
    - York County \$1,095,000
      - Fees \$796,994
- Other Grants and Revenue \$412,135
- Williamsburg Health Foundation \$355,000
  - City of Williamsburg \$271,000
    - City of Poquoson \$190,000

#### **Executive Director's and Chairman's Message**



David A. Coe



Sheri Newcomb

The 2023 edition of this message ended with a discussion of striking a balance between the "short" and "long" views related to our agency, our community, and our own lives. What we did not discuss was the rare time when those views converge to create unexpected opportunities. What we did not realize at the time was that FY2024 was going to one of those times.

December 2023 greeted CBH with the opportunity to implement a major expansion of our crisis services continuum. Governor Youngkin's Right Help Right Now plan included the development of a Crisis Receiving Center and a Crisis Stabilization Unit on property that had at times appeared unattainable. We simultaneously were developing plans to implement Mobile Crisis Response services early in the next fiscal year. We were able to open our Permanent Supportive Housing program early in 2024 and began early discussions to initiate Supported Employment (SEP) services over the following biennium. We ended the year moving closer than ever to realizing the dream of bringing integrated primary care/behavioral health/dental services to our community. The rest of our service areas – clinical and administrative – moved on from the COVID days to undertake construction of a new future.

Some of the accomplishments of FY2024 were the result of 15+ years of advocacy and preparation, others due to more recent intersections of planning and opportunity. The net result of FY2024 was to set the stage for the most significant period of growth in the past 40 years. There is much work to be done, but the door is now open to developing the next generation of services needed by our communities, families and the individuals we support.

David A. Coe
Executive Director

Sheri L. Newcomb Board Chair

#### 2024 Board of Directors

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Dr. Alfred Brassel, Jr., York County
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