

## Opportunities Unlimited

Opportunities Unlimited provides personal, social, and behavioral skill training for individuals with developmental disabilities, including intellectual disabilities, to help improve quality of life. The program facilitates self-empowerment, community integration and independent living through skills assessment and person-centered planning. Two service types are available:

**Community Engagement:** Fosters an individual's ability to acquire, retain or improve skills necessary for building positive social behavior, interpersonal competence, greater independence, employability and personal choice. This program enables the individual to access typical activities in community life that are enjoyed by the general population such as education or training, retirement, and volunteering. This program is provided in groups with no more than a 1:3 staff-to-individual ratio.

**Group Day Services:** Provides opportunities for peer interactions, community integration, career planning and enhancement of social networks. Supports may be provided to ensure individual health and safety. These services are provided in groups with no more than a 1:7 staff-to-individual ratio.



**Colonial  
Behavioral Health**

### Mission & Vision Statement

#### Our Mission

To facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders.

#### Our Vision

Continuing to serve as a vital partner in a community system of care that promotes the highest possible quality of life.



## Opportunities Unlimited

#### Williamsburg Office

1659 Merrimac Trail  
Williamsburg, VA 23185

**Phone:** 757-220-3200

**Fax:** 757-253-4392

#### Hours of Operation

Monday through Friday  
8:30 a.m. to 3:30 p.m.

---

#### 24/7 Crisis Services

757-378-5555

---

**[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)**

Serving James City County, City of Poquoson,  
City of Williamsburg and York County



# Opportunities Unlimited



## Services

### Group Day and Community Engagement Services Include:

- Volunteer opportunities at several local organizations
- Utilization of community resources such as libraries, parks, museums, malls and recreation centers
- Training activities for active community integration, such as street crossing, socialization, communication, money usage skills, and others
- Daily training to address the personal, social and behavioral skill needs of each individual
- Support with personal care, daily hygiene, health and safety
- Training to develop abilities in personal and self-care
- Socialization with peers
- Service provision by highly trained staff

### Annual Service Plan Development:

- Includes individual/family input and participation
- Based on the choices and preferences of the individual
- Includes identified individual strengths and needs and schedule preferences
- Includes collaboration with Case Management and other service providers
- Based on the ongoing program assessment of the individual's skills
- Includes instructional programs designed to develop and improve overall personal, behavioral and social skills
- Designed to be culturally sensitive and focused on training occurring in the least restrictive environment
- Focused on the individual's and family's satisfaction with daily service provision
- Includes support needed for active program participation within the ability of the program

## Participants

Individuals who attend Opportunities Unlimited must be at least 18 years old and have a primary diagnosis of developmental disability. They must be able to maintain their personal health and safety, respect the property of others and benefit from services provided with an average 1:6 staff-to-participant ratio. Participants must be willing to engage in activities within their individualized plan of care.

## Transportation

Colonial Behavioral Health's Transportation Service is available to provide transit services to and from Opportunities Unlimited. Outside transportation arrangements through a private provider are also available.

## Fees

In order to participate in the program, individuals must have a Community Living, Building Independence, or Family Individual Support Waiver.