



Tuesday, Nov. 12th

11:30 a.m. - 1 p.m.

Peninsula Agency on Aging

Williamsburg Office

4551 John Tyler Hwy., Ste.101

Williamsburg, VA 23185

Nov. 12th - Caregiver Supports and Transportation

Come join us to learn more about strategies for supporting a loved one. We'll highlight the differences between types of caregiver support - from partial day programs to in-home options. We'll also discuss all aspects of senior living as well as transportation options available in the Williamsburg area.

**Presenters: Cynthia Odden, Associate Executive Director, Brookdale Sr. Living
Virginia Lennon, Mobility Manager, Peninsula Agency on Aging**

**Thank you to our lunch
sponsor:**



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For more information, contact Peninsula Agency on Aging at (757) 345-6277.

The Williamsburg Family Caregiver Lunch & Learn Series is offered through a collaborative partnership between:

