#### AGENDA COLONIAL BEHAVIORAL HEALTH BOARD MEETING MAY 7, 2024 4:00 PM

- Welcome and Call to Order
- Roll Call
- Public Comment
- Consent Calendar
  - Approval of the following meeting minutes:
    - March 28, 2024, Services & Evaluation Committee Meeting
    - April 2, 2024, Board of Directors Meeting
    - April 17, 2024, Public Awareness Committee Meeting
    - April 24, 2024, Services & Evaluation Committee Meeting
- Executive Director Evaluation Process S. Newcomb
- **Proposed FY 2025 Slate of Officers** Nominating Committee

#### • Discussion Items

- Strategic Plan Review K. Cook
  - Plan Overview
  - Goals with Objectives

#### • ACTION ITEMS

- A-1 CBH Bylaws Revision D. Coe
- A-2 Advisory Council Policy M. Obremski
- A-3 CBH Designated Fund Agreement K. Cook/N. Parsons
- Executive Director's Report D. Coe
- Adjournment
  - Next Meeting: Tuesday, June 4, 2024
    473 McLaws Circle, Williamsburg
    4:00 PM

#### **Meeting Minutes**

Minutes Of: Services & Evaluation Committee Date: 3/28/24

*Present:* Al Brassel, Denise Kirschbaum, Steve Miller, Linda Butler, Dean Barker, & D. A. Longo *Absent:* R. Carpio, Roy Witham.

#### 1. Call to Order

The meeting was called to order at 4:00pm

- Dean Barker, Emergency Services coordinator gave a presentation on the Crisis response continuum. Dean gave an overview of services and expansion into mobile services and crisis recovery center. In 'FY23 The Emergency Services unit made 1,775 clinical contacts. Of these contacts, 378 were ECOs and there were 339 TDOs.
- 3. Meeting Schedule

The Committee next meeting will be on April 24, 2024. Leigh Carroll-Stump, Development and Communications Manager will present on Grants Management\Website.

4. Adjournment

The meeting was adjourned at 4:40 pm.

Submitted by: D.A. Longo, Ph.D.

#### **Next Meeting**

Date: April 24, 2024 Time: 4pm Location: McLaws Board room

#### COLONIAL BEHAVIORAL HEALTH BOARD MEETING

DATE: April 2, 2024

LOCATION: Colonial Behavioral Health, 473 McLaws Circle, Williamsburg, VA 23185

#### WELCOME AND CALL TO ORDER: 4:00pm

#### **BOARD MEMBERS PRESENT:**

Dr. Al Brassel – York County Ms. Denise Kirchbaum – James City County Dr. Dawn Ide – City of Poquoson Ms. Erin Otis – James City County Ms. Hazel Braxton – Williamsburg Mr. John Collins – York County Ms. Kristen Nelson – York County Mr. Reynaldo Carpio – York County Mr. Ryan Ashe – James City County Ms. Sheri Newcomb – York County

#### **BOARD MEMBERS ABSENT:**

Ms. Donyale Wells – James City County Dr. John Shaner – City of Poquoson Mr. Roy Witham – James City County Mr. Steven Miller – York County Ms. Wendy Evans – Williamsburg

#### CBH STAFF PRESENT:

David Coe, Kristy Wallace, Katie Leuci, Dan Longo, Nancy Parsons, Chaenn Thomas, Kyra Cook, Marsha Obremski

GUESTS: None

#### PUBLIC COMMENT: None

#### **CONSENT CALENDAR:**

The consent calendar was presented for approval of the following meeting minutes:

- February 6, 2024, Board of Directors Meeting
- February 20, 2024, Administration Committee Meeting
- February 20, 2024, Executive Committee Meeting
- February 21, 2024, Public Awareness Committee Meeting

Dr. Al Brassel made a motion to accept the consent agenda as presented. Ryan Ashe seconded the motion, and it passed unanimously.

#### **APPOINTMENT OF NOMINATING COMMITTEE:**

Sheri Newcomb appointed Denise Kirchbaum, Hazel Braxton, and Al Brassel as the Nominating Committee members.

#### DISCUSSION ITEMS:

**Strategic Plan – Operations Goal**: Kyra Cook reviewed the objectives, strategies and tactics related to the Operations goal ensuring agency sustainability through business operations reflective of changing healthcare and workforce landscapes. The topic of telehealth billing was discussed, which is included as a tactic in the Technology objective of the infrastructure goal.

Advisory Council to the Board of Directors: Marsha Obremski introduced the draft Advisory Council policy to the Board of Directors. This council will consist of individuals with lived experience of mental health and/or substance use disorders and their families, including youth. Details related to the new Council's operations will be developed when the Board adopts the policy when it comes to the Board for action in May.

#### ACTION ITEMS:

**CBH Executive Operations Plan**: David Coe presented the proposed plan; the plan will initiate automatically if the CBH Executive Director is incapacitated (due to health or other unplanned issue) for a period of more that five (5) workdays, or upon a planned absence resulting in the unavailability for more than ten (10) workdays.

Hazel Braxton made a motion for the CBH Board to approve the CBH Executive Operations Plan included in the Board packet. The authority granted under the Plan shall be limited to actions and issues that must be addressed during times and/or events as defined in the Plan. John Collins seconded the motion. Denise Kirschbaum noted that director names should be removed from the policy and made a motion to amend the policy accordingly. Kristen Nelson concurred. Ms. Braxton and Mr. Collins accepted the amendment and the motion passed unanimously.

Allocation of New One-Time Crisis Funding: Nancy Parsons recommended amending the existing Capital Improvement Plan budget to include the state funding that will be awarded for the Eastern State Surplus Property that will be the future home for the Crisis Services Center (CSC). Al Brassel made a motion to approve the proposed amendments to the FY 2024-2025 biennial Capital Improvement Plan (CIP). Ryan Ashe seconded the motion and it passed unanimously.

#### **EXECUTIVE DIRECTOR'S REPORT:**

David Coe announced that CBH has been cleared by the state to proceed with selling the vacant group home. It was suggested that the proceeds from the sale be directed to Opportunities Unlimited. David Coe presented on PPEA (Public-Private Education Facilities and Infrastructure Act of 2002) which included the definition, benefits, requirements, and guidelines. Finalizing the guidelines will be required before issuing an RFP for design/build services.

Al Brassel made a motion to give the Executive Director authority to draft PPEA guidelines and to proceed with the procurement process, and Dr. Dawn Ide seconded the motion. The motion was passed unanimously.

#### ADJOURNMENT:

Upon a motion by Hazel Braxton and a second by John Collins to adjourn, the meeting was adjourned at 5:33pm.

#### **NEXT MEETING:**

Date: Tuesday, May 7, 2024 Location: 473 McLaws Circle, Williamsburg, VA 21385 Time: 4:00pm

Sheri Newcomb, Chair

Hazel Braxton, Secretary

#### **Public Awareness Committee Meeting Minutes**

#### April 17, 2024

Present: Kristen Nelson, Dr. Dawn Ide, Erin Otis, Dr. John Shaner, Donyale Wells, David Coe, Leigh Carroll-Stump

Absent: Marsha Obremski

1. Call to Order

The meeting was called to order at 3:36 p.m.

2. Old Business

**Grocery Cart Advertising** - Ms. Carroll Stump presented sample alcohol/drug use and problem gambling grocery cart ads and selected stores within our catchment area for the committee to review. Discussion.

Committee members suggested editing problem gambling imagery to focus on youth prevention. Committee members selected alcohol/drug use ads and locations.

**Agency Brochure Redesign** - Ms. Carroll-Stump presented several options to create an agency booklet – consolidating the 25+ agency brochures; awaiting on pricing from several printing companies before a design is established. Discussion.

All Committee Members in agreement of an agency booklet and the use of color tabs to define department services (Emergency, Developmental Disabilities, Mental Health, Substance Use and Prevention Services).

3. New Business

**Legislative Update** – Mr. Coe presented a summary of several bills of interest from the 2024 General Assembly session. Discussion.

4. Conclusions, Recommendations, Actions

Ms. Carroll-Stump will follow-up with Committee Members via email of the revised Problem Gambling Ad and contact IndoorMedia to secure a contract and deliverable date.

#### **Public Awareness Committee Meeting Minutes**

#### April 17, 2024

5. Adjournment

The meeting adjourned at 4:55 p.m.

Submitted by: Leigh Carroll-Stump

#### Next Meeting

Date: May 15, 2024

Time: 3:30 pm

Location: York-Poquoson Office

BILL #	<b>CHIEF PATRON</b>	BILL SUMMARY	COMMENTS			
		Public schools; teachers and other relevant personnel; mental health awareness training. Requires each teacher and other relevant personnel, as determined by the applicable school board, employed on a full-time basis to complete mental health awareness training that addresses the needs of youth populations that are at a high risk of experiencing mental health challenges and disorders in accordance	HB603 is slightly different in allowing the Board of Education to determine age			
HB 224	Henson	with evidence-based best practices developed by the American Psychological Association. Current law requires such teachers and	appropriateness of the program.			
HB 603	Price	personnel to complete mental health awareness training but does not contain any requirements relating to the specific topics such training must address. The bill prohibits any of its provisions or any policy adopted in accordance with its provisions from being construed to permit biased or discriminatory treatment of any youth population deemed to be at a high risk of experiencing mental health challenges and disorders.	Governor has offered recommendations on both bills.			
HB 698	Krizek		Vetoed by Governor.			
SB 423 SB 448	Ebbin	These bills would have essentially created the retail cannabis market in Virginia.	25% of state profits from the market to be distributed to CSBs for SUD			
3B 448	Rouse	Civil commitments and temporary detention orders; definition of	programming.			
HB 888	Watts	mental illness; neurocognitive disorders and neurodevelopmental disabilities; Secretary of Health and Human Resources to evaluate placements for certain individuals; report. Specifies that for the purpose of civil commitments and temporary detention orders, behaviors and symptoms that manifest from a neurocognitive	Provisions of the bill do not become effective unless reenacted by the 2025 Session of the General Assembly.			
SB 176	Favola	disorder or neurodevelopmental disability are excluded from the definition of mental illness and are, therefore, not a basis for placing	The bill also directs the Secretary of Health and Human Resources to convene			
55 170		an individual under a temporary detention order or committing an individual involuntarily to an inpatient psychiatric hospital. The bill provides that if a state facility has reason to believe that an individual's behaviors or symptoms are solely a manifestation of a neurocognitive disorder or neurodevelopmental disability, the state	a work group to evaluate, identify, and develop placements for individuals with neurocognitive disorders and neurodevelopmental disabilities, as well as any statutory or funding changes			

BILL #	<b>CHIEF PATRON</b>	BILL SUMMARY	COMMENTS
		facility may require that a licensed psychiatrist or other licensed	needed to prevent inappropriate
		mental health professional reevaluate the individual's eligibility for a	placements for such individuals, and to
		temporary detention order before the individual is admitted and shall	report his findings and recommendations
		promptly authorize the release of an individual held under a	by November 1, 2024.
		temporary detention order if the licensed psychiatrist or other	
		licensed mental health professional determines the individual's	Approved by Governor.
		behaviors or symptoms are solely a manifestation of a neurocognitive	
		disorder or neurodevelopmental disability.	
		School boards; model memorandum of understanding; partnerships	
		with certain mental health services providers; provision and	
		expansion of virtual mental health services. Directs the Department	
		of Education, in consultation with the Department of Behavioral	
		Health and Developmental Services and the Department of Medical	
		Assistance Services, to develop, adopt, and distribute to each school	
		board a model memorandum of understanding between a school	
		board and a nationally recognized school-based telehealth provider	
		that sets forth the parameters for the provision of mental health	
		teletherapy by such provider to public school students enrolled in the	
		local school division. Current law only requires the development,	
HB 919	Srinivasan	adoption, and distribution of a model memorandum of understanding	Approved by Governor.
		between a school board and a public or private community mental	
		health services provider. The bill also permits each school board to	
		adopt policies and procedures to increase the accessibility of school-	
		based mental health services for students enrolled in each school	
		division who may not have access to mental health services otherwise	
		by providing or expanding virtual mental health resources and	
		establishing or expanding a partnership with (i) a public or private	
		community mental health services provider that offers school-based	
		teletherapy to students or (ii) a nationally recognized school-based	
		telehealth provider that provides mental health teletherapy to	
		students.	
HB 971	Tran	Nurse practitioners; autonomous practice. Lowers from five years to	Approved by Governor.
10 371	11011	three years the amount of full-time clinical experience required	

BILL #	<b>CHIEF PATRON</b>	BILL SUMMARY	COMMENTS
		before an advanced practice registered nurse may practice without a	
		practice agreement and permits qualified nurse practitioners to attest	
		that a nurse practitioner may be qualified to practice without a	
		practice agreement. The bill permits advanced practice registered	
		nurses to practice without a practice agreement when a patient care	
		team physician is no longer able to serve if such advanced practice	
		registered nurse provides evidence that he meets the requirements	
		to practice without a practice agreement as established by the bill.	
		Workers' compensation; presumption that certain injuries arose out	
		of employment. Provides that in any claim for workers'	
HB 974	Kove Comorro	compensation, where the employee suffers an unexplained fall in the	Vetoed by Governor.
пв 974	Keys-Gamarra	course of employment, such employee may satisfy the burden of	vetoed by Governor.
		proof by circumstantial evidence, testimony of others, other	
		evidence, or any combination thereof.	
		Emergency custody and temporary detention orders; evaluations;	
		presence of others. Requires (i) the evaluator conducting the	
		evaluation of an individual to determine whether such individual	
		meets the criteria for temporary detention or (ii) the hospital	
	Willett provide individ	emergency department and treating physician or other health care	
HB 1242		provider designated by the physician, when providing services to an	
ПD 1242		individual who is being evaluated to determine whether the	Annual by Covernor
		individual meets the criteria for temporary detention, to allow the	Approved by Governor.
SB 546	Bagby	individual's family member or legal guardian who is present and who	
		may provide support and supportive decision making to be present	
		with the individual unless the individual objects or the evaluator or	
		treating physician determines that their presence would create a	
		medical, clinical, or safety risk to the patient or health care provider	
		or interferes with patient care.	
		Barrier crimes; adult substance abuse and mental health services;	
HB 1269	Price	exception. Permits the Department of Behavioral Health and	
		Developmental Services, providers of substance abuse or mental	Approved by Governor.
SB 626	Pillion	health services to adults, and community services boards and	
		behavioral health authorities to hire applicants convicted of certain	

BILL #	<b>CHIEF PATRON</b>	BILL SUMMARY	COMMENTS
		barrier crimes of misdemeanor assault and battery or involving controlled substances provided that such conviction occurred more than four years prior to the application date for employment.	
HB 1336 SB 568	Sickles Deeds	Crisis stabilization services; facilities licensed by DBHDS; nursing homes; dispensing and administration of drugs; emergency. Permits facilities licensed by the DBHDS that provide crisis stabilization services to maintain a stock of Schedules II through VI controlled substances necessary for immediate treatment of patients admitted to such facility. Under current law, maintenance of a stock of Schedule VI controlled substances is allowed under certain conditions, but a stock of Schedules II through V controlled substances may be maintained only if authorized by federal law and Board of Pharmacy regulations. The bill also allows automated drug dispensing systems and remote dispensing systems to be used by state facilities established pursuant to Title 37.2 (Behavioral Health and Developmental Services), facilities that provide crisis stabilization services, nursing homes, and other facilities authorized by the Board of Pharmacy that meet certain conditions. The bill contains an emergency clause, directs the Board of Pharmacy to adopt emergency regulations to implement the provisions of the bill.	Approved by Governor.
SB 34	Locke	<b>Temporary detention; certified evaluators; report.</b> Authorizes hospitals with a psychiatric emergency department located in the City of Hampton to employ certain trained individuals to perform evaluations to determine whether a person meets the criteria for temporary detention for behavioral health treatment.	Approved by Governor.
SB 403	Durant	Behavioral health technicians; behavioral health technician	
SB155	Head	assistants; qualified mental health professionals; qualified mental health professional-trainees; scope of practice, supervision, and qualifications. Adds behavioral health technicians and behavioral	Approved by Governor.
HB 1289	Willett	health technician assistants to the professions governed by the Board	

BILL #	<b>CHIEF PATRON</b>	BILL SUMMARY	COMMENTS
		of Counseling. The bill also establishes qualification, scope of practice,	
HB 1499	Willett	and supervision requirements for qualified mental health	
		professionals and qualified mental health professional-trainees. The	
HB 1500	1500 Willett bill directs the Board of Counseling to adopt regulations governing		
		the behavioral health technician, behavioral health technician	
		assistant, qualified mental health professional, and qualified mental	
		health professional-trainee professions by November 1, 2024, and for	
		the Department of Behavioral Health and Developmental Services	
		and the Department of Medical Assistance Services to promulgate	
		regulations that align with the regulations adopted by the Board of	
		Counseling in accordance with the bill.	
		Health insurance; emergency services; mobile crisis response	
		services. Provides that emergency services, as it relates to any mental	
		health services or substance abuse services, as those terms are	
		defined in § 38.2-3412.1, Code of Virginia, rendered at a behavioral	
		assessment that is within the capability of a behavioral health crisis	
SB 543	Bagby	service provider, including ancillary services routinely available to	
		evaluate such emergency medical condition, and (b) such further	Approved by Governor.
HB 601	Kilgore	examination and treatment, to the extent that they are within the	
		capabilities of the staff and facilities available at the behavioral health	
		crisis service provider, as are required so that the patient's condition	
		does not deteriorate. Such emergency services may be rendered at a	
		location other than the emergency department of a hospital, such as	
		a behavioral health crisis service provider, as required (including Crisis	
		Receiving Centers).	
		Behavioral Health Commission; behavioral health and crisis	
		response services; civil admissions laws and processes; work group;	
		report. Directs the Behavioral Health Commission to convene a work	
SB 574	Deeds	group to study how to effectively align current civil admissions laws	Approved by Governor.
		and processes with new behavioral health and crisis response services	
		and resources in the Commonwealth. The bill directs the Behavioral	
		Health Commission to make recommendations for any statutory,	

BILL #	CHIEF PATRON	BILL SUMMARY	COMMENTS
		regulatory, licensing, training, and reimbursement changes related to Virginia's current civil admissions process and to report such recommendations by July 1, 2025.	
SB 734 HB 894	Marsden Bennett-Parker	Virginia Freedom of Information Act; electronic meetings. Amends the number of all-virtual public meetings that public bodies, with certain exceptions, may convene in a calendar year to no more than two times per calendar year or 50 percent of the meetings held per calendar year rounded up to the next whole number, whichever is greater. Current law limits the number of all-virtual public meetings to no more than two times per calendar year or 25 percent of the meetings held per calendar year rounded up to the next whole number, whichever is greater. The bill also provides that with respect to all-virtual public meetings, when audio-visual technology is available, a member of a public body shall, for purposes of a quorum, be considered absent from any portion of the meeting during which visual communication with the member is voluntarily disconnected or otherwise fails or during which audio communication involuntarily fails.	Approved by Governor.
SB 569	Deeds	State Board of Behavioral Health and Developmental Services; regulations; crisis receiving centers; appropriate and safe use of seclusion; work group; report. Directs the State Board of Behavioral Health and Developmental Services to amend its regulations to ensure that its licensing and human rights regulations support high- quality crisis services, including by authorizing the appropriate and safe use of seclusion in crisis receiving centers and crisis stabilization units. The bill also directs the Department of Behavioral Health and Developmental Services to convene a work group to propose additional regulations to allow for the use of (i) evidence-based and recovery-oriented seclusion and restraint practices and (ii) alternative behavior management practices that may limit or replace the use of seclusion and restraint in hospitals, residential programs, and licensed facilities.	Approved by Governor.

#### **Meeting Minutes**

Minutes Of: Services & Evaluation Committee Date: 4/24/24

Present: Al Brassel, Steve Miller, Linda Butler, Leigh Carroll-Stump, & D. A. Longo

Absent: D. Kirshbaum, Roy Witham & R. Carpio.

1. Call to Order

The meeting was called to order at 4:00pm

2. Leigh Carroll-Stump, Development and Communications Manager presented on Grants Management\Website.

Leigh gave a PowerPoint presentation on Grants currently received by CBH. She gave a through review of the grants and gave an overview of Exhibit D which outlines our responsibilities with grants received by the Department of Behavioral Health Development Disabilities

3. Meeting Schedule

The Committee next meeting will be on May 22, 2024.

4. Adjournment

The meeting was adjourned at 4:40 pm.

Submitted by: D.A. Longo, Ph.D.

#### **Next Meeting**

Date:May 22, 2024Time:4pmLocation:McLaws Board room



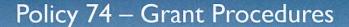


### Policy 74 – Grant Procedures

#### **Purpose:**

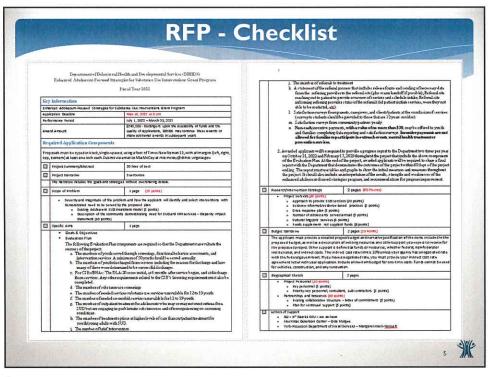
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- To centralize all grant activities for the agency;
- To enforce ownership, responsibility and realistic achievements;
- To reasonably ensure day-to-day programmatic oversight of all grant activities to support complete and accurate reporting, as required by grant sources;
- To reasonably ensure proper oversight of all grant funds
- To minimize CBH's risk of non-compliance with grant requirements;
- To reasonably ensure proper administration and accounting of all grants

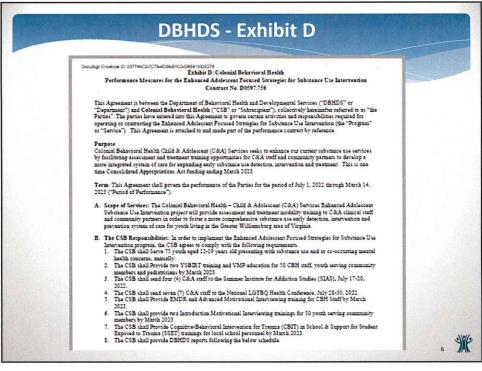


#### **Point of Contacts**

- Grant Administrator (Development & Communications Manager) – Coordinates grant application process and all grant reporting for the agency.
- Director(s) designates Internal Grant Contact
- Internal Grant Contact (Coordinator) provides oversight of grant funded programmatic activities
- Fiscal Services Officer/Designee establishes new cost center/revenue stream and reviews/reports on expenditures per grant requirements/CBH policy







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Project Lead	Date	
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#### **CBH NOMINATING COMMITTEE**

#### PROPOSED SLATE OF OFFICERS CBH Board of Directors Fiscal Year 2025

CHAIR:	Ryan Ashe	(James City)
VICE CHAIR	Wendy Evans	(Williamsburg)
SECRETARY	Donyale Wells	(James City)
TREASURER	John Collins	(York)
MEMBER AT-LARGE	Erin Otis	(James City)

:

# Strategic Plan

Colonial Behavioral Health Wellness, Support & Recovery Services

April 2024

# Introduction

Colonial Behavioral Health's leadership (Board of Directors and Staff Leadership Team) undertook a 10-month planning effort to identify the agency's top priorities for development and service over the next 5 years. The purpose in developing this Plan was to set CBH on the pathway to success for future generations of healthcare administration and service delivery.

Input was provided, via survey, by CBH board members, staff, consumers and their families, and community partners.

This Strategic Plan provides a framework for making decisions on how best to serve those in need and serves as a guide to ensuring that high quality services continue to be available to residents within the CBH region.

# Vision

# Continuing to serve as a vital partner in a community system of care that promotes the highest possible quality of life.

# Mission

To facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders.

# Values

# **Trustworthiness**

Creating a positive and accountable organizational culture that enhances employee relations and improves outcomes.

# <u>Meaningful</u>

Fostering engagement by putting individuals at the center of decision-making and service delivery to create purposeful interactions and experiences.

# **Collaborative**

Building connections by understanding and addressing the needs of the community.



Services Goal	Adjust service delivery to match the evolving landscape, consumer expectations, and community needs.
<b>Operations Goal</b>	Ensure agency sustainability through business operations reflective of changing healthcare and workforce landscapes.
Infrastructure Goal	Develop and execute long-term facility, technology, and infrastructure plans to support and enhance services.
Resources Goal	Ensure agency sustainability by creating and implementing long-term resource development plans.



### **Strategic Plan with Objectives**

#### **VISION**

Continuing to serve as a vital partner in a community system of care that promotes the highest possible quality of life.

#### **MISSION**

To facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders.

#### VALUES

**Trustworthiness:** Creating a positive and accountable organizational culture that enhances employee relations and improves outcomes.

**Meaningful:** Fostering engagement by putting individuals at the center of decisionmaking and service delivery to create purposeful interactions and experiences.

**Collaborative:** Building connections by understanding and addressing the needs of the community.

#### GOALS

Services Goal	Adjust service delivery to match the evolving landscape, consumer expectations, and community needs.			
Operations Goal	Ensure agency sustainability through business operations reflective of changing healthcare and workforce landscapes.			
Infrastructure Goal	Develop and execute long-term facility, technology, and infrastructure plans to support and enhance services.			
Resources Goal	Ensure agency sustainability by creating and implementing long-term resource development plans.			

#### **SERVICES GOAL**

### Adjust service delivery to match the evolving landscape, consumer expectations, and community needs.

#### **Objective #1 Meet consumer expectations by improving services**

Strategies/Tactics:

- Analyze consumer feedback survey data
- Evaluate the efficiency regarding access to services
  - Rapid response to behavioral health crisis
  - Faster entry to outpatient services
- Incorporate treatment and service innovations and best practices
  - Rapid acting medications for stabilization
  - Medical screening technologies
  - o Redesign Opportunities Unlimited
  - Redesign psychosocial rehabilitation



#### **Objective #2 Expand or develop programming to meet community needs**

Strategies/Tactics:

- Expand or enhance existing or new services
  - Permanent Supportive Housing
  - Broadened waiver services
- Develop new services
  - o Mobile crisis
  - Crisis Receiving Center
  - Crisis Stabilization
  - Supported Employment



#### **OPERATIONS GOAL**

# Ensure agency sustainability through business operations reflective of changing healthcare and workforce landscapes.

#### **OBJECTIVES**

**Objective #1 Focus on workforce recruitment and retention** 

Strategies/Tactics:

- Invest in recruitment platforms
  - Affinity groups
  - Triad Healthcare Recruiting
- Explore agency-wide retention practices
  - o Schedule flexibility
  - Benefits structure
  - o Career advancement pathways
  - o Culture of connectivity
  - Staff feedback



#### **Objective #2 Conduct fiscal analysis in anticipation of new funding models**

Strategies/Tactics:

- Determine federal indirect cost rate
- Explore cost-based reimbursement
  - CCBHC



#### **Objective #3 Improve operations to realize efficiencies**

Strategies/tactics:

- Update governance structure
  - Advisory Council
- Institute cost benefit analysis processes
  - New grant and program evaluation
- Develop new facility staffing models
  - Preparation for consolidation of new construction



#### **INFASTRUCTURAL GOAL**

## Develop and execute long-term facility, technology, and infrastructure plans to support and enhance services.

### **Objective #1 Develop master plan for new campus and appropriate satellite facilities**

Strategies/Tactics:

- Land/facility acquisition
  - o Acquire surplus Eastern State Hospital land
  - o Acquire land and/or facilities appropriate for Day Support services
  - Acquire land and/or facilities appropriate for service delivery in the eastern most part of the CBH catchment area
- Space needs analysis and design
  - Develop a York Poquoson plan inclusive of design
  - o Develop an Opportunities Unlimited plan inclusive of design
  - Develop new campus plan inclusive of design
- Facility development and construction
  - $\circ$  Begin construction of facilities

#### **Objective #2 Continue refinement and execution of the existing technology plan** to improve administrative efficiencies and ensure security

Strategies/Tactics:

- Administrative efficiencies via software solutions
  - Maximize consumer engagement via use of EHR patient portal
  - o Develop process to collect fees for telehealth
  - Conduct software audit to reduce use of paper
- Cyber security
  - o Continue to improve disaster preparedness
  - Complete migration to the cloud





#### **RESOURCES GOAL**

# Ensure agency sustainability by creating and implementing long-term resource development plans.

#### **Objective #1 Develop mechanisms to finance the new campus**

Strategies/Tactics:

- Capital campaign
  - Accept donations directly or via a third party
  - Grant prospecting
- Develop relationship with lending institution to put together a capital stack and leverage existing holdings

#### **Objective #2 Form new partnerships to advance the work**

Strategies/Tactics:

- Increase awareness to seek new clients
  - Business community outreach
  - Marketing budget
- Explore sharing resources to drive efficiencies
  - OTMDC
  - o ESH
- Seek federal funding to increase services
  - o SAMHSA





#### **CBH Bylaws Revision**

#### Background:

CBH Bylaws are reviewed periodically to assure continued compliance with state and federal statutes, and to reflect the Board's wishes for effective operations as a governing body.

Beginning in December 2023, feedback has been solicited from both the Board Executive Committee and from all Board members as a body and individually. Feedback received was limited to only a few items, which are reflected in full within the revised Bylaws included in this Board packet.

Recommended revisions are as follows:

•	Articles X and XI	Combine Executive and Administration Committees
•	Articles VII and XI	Remove Nominating Committee from Standing Committee list; Build nominating/election process fully into Article VII
•	Article VII	Delete sentence allowing extension of three-year officer term to a possible fourth year.
•	<u>Article XI</u>	Remove Strategic Planning Committee from Standing Committees.

To affect an orderly transition in Board processes, it is also recommended that the amended Bylaws carry an enactment date of July 1, 2024.

#### Motion from the Executive Committee:

That the CBH Board approve the amended CBH Bylaws as attached, with the understanding that the approved amended version will have an effective date of July 1, 2024.

#### **CBH Advisory Council**

#### Background:

Colonial Behavioral Health's interest in pursuing recognition as a Certified Community Behavioral Health Clinic (CCBHC) under Federal SAMHSA structures and regulations. We were one of the original eight CSBs to partner with the Commonwealth of Virginia to develop a model for Virginia's CSBs in 2016-2017. Unfortunately, Virginia decided to not pursue a second round of federal funding to continue this development.

In 2023, CBH was one of two Virginia CSBs to apply for direct funding to assist with achieving CCBHC certification. Unfortunately, neither Virginia agency grant submission was successful. We are currently awaiting the next available Federal opportunity to submit for this funding.

Having become very familiar with CCBHC Certification Criteria over the past several years, we are aware of one significant development need that we can address without additional funding. CCBHCs must either have a governing Board of Directors with a minimum of 51% consumer or family membership (with a preference toward consumers), or have an advisory structure that guarantees ongoing, regular and meaningful input into agency issues.

The means by which CSB Boards are appointed (by local governments who carry no obligations related to CCBHC governance) makes it imperative for CSBs to implement the advisory structures allowed for in the CCBHC criteria.

It is staff's recommendation that the CBH Board approve creation of the Advisory Council by means of approving the attached Policy. It is further recommended that the Council be operationalized effective January 1, 2025, in order for the necessary guidelines, application and approval processes, and Advisory Council feedback methods be developed prior to that date.

#### **Recommended Motion:**

That the CBH Board approve the proposed Advisory Council Policy with the following understandings:

- That CBH staff will draft supportive policies, and other needed guidelines for CBH Board review prior to soliciting applications for Council membership;
- That CBH staff will review applications for membership and submit them to the Board (in a manner consistent with processes defined in the previous bullet). CBH staff will also submit to the Board their recommendations for appointment, as necessary; and
- That the terms of inaugural Council members will begin on January 1, 2025.

#### **CBH Designated Fund Agreement**

#### Background:

CBH, as a public agency, has not developed a mechanism to accept a significant volume of donations. As we undertake ambitious capital improvement strategies identified in our Strategic Plan, CBH must enhance its resource development capabilities.

One key element of resource development is the administration of and accounting for funds received. CBH has not been structured for these functions, and therefore has had to choose whether to undertake these functions internally or find an experienced community partner to manage them for us. In the best judgment of staff, we believe an experienced community partner best serves us and our community.

The Williamsburg Community Foundation (WCF) has been provided these services for nonprofit organizations (of variable sizes) and causes for over 25 years and is ably situated to manage contributions to CBH capital projects on our behalf. Utilizing the WCF's expertise in this area will allow CBH a greater focus on the other aspects of resource development and management of the broader project(s).

Undertaking this Agreement with the WCF will also lay the foundation for a potential long-term relationship related to support of CBH beyond the capital projects in our immediate future.

Attached to this memo are three (3) documents for your review:

- 1. WCF "Quick Facts" providing an overview of their history and types of funds they currently administer;
- 2. WCF "Types of Funds" describing the various category of giving options available to donors and agencies;
- 3. The proposed CBH Designated Fund Agreement between the Williamsburg Community Foundation and CBH.

#### **Recommended Motion:**

That the CBH Board authorize the Board Chair and Executive Director to execute the CBH Designated Funding Agreement with the Williamsburg Community Foundation.



A > QUICK FACTS

### Quick Facts

### WHAT IS A COMMUNITY FOUNDATION?

Community foundations are tax-exempt public charities that invest and administer a pool of funds established by individuals, families, businesses and organizations. Each fund provides grantmaking dollars for community needs. Like all community foundations, the WCF is overseen by a volunteer board of leading citizens and run by professionals with expertise in knowing our community's needs. Learn more.

### GIFTS FROM THE COMMUNITY

At the end of its first fiscal year in 1999, the Foundation had \$100,000 in assets; currently the Foundation has assets of approximately \$26 million. Last year, generous local donors made gifts of over \$1.1 million to the Foundation. <u>Read some of our donors'</u> <u>stories</u>.

### **GRANTS TO THE COMMUNITY**

Since its inception, the Foundation has awarded grants and scholarships totaling \$11.3 million to more than 200 nonprofit organizations and over 1,000 students. The Foundation makes competitive grants in its service area; James City County, York County and Williamsburg. <u>Learn more.</u>

### ASSETS TO GIVE

**Gifts** in any amount may be made to the Community Endowment, Annual Fund or to any named fund in the form of:

- •Check or credit card (click here to give online)
- •Negotiable securities

The Foundation will also accept the following types of gifts: **real or personal property**, **life insurance, retirement assets, bequest by will or charitable trust**. Please call 757-259-1660 for information prior to making any gifts of these types. <u>Learn more</u>.

### **TYPES OF NAMED FUNDS**

Named funds may be established to serve a donor's philanthropic interests. Learn more.

### Williamsburg COMMUNITY FOUNDATION

YTYPES OF FUNDS

# **Types of Funds**

We can work with you to create a solution that meets your goals to make the most impact with your giving. Below are several fund options we offer, and you can create these using a gift now or a planned gift in the future. For a complete list of funds of the Williamsburg Community Foundation, see the current <u>Annual Report</u>.

#### **Community Endowment**

The Foundation's Distribution Committee will review applications and determine recipients from your Community Endowment Fund based on changing community needs. You may also make a gift in any amount to the general Community Endowment.

Minimum initial gift to start your fund: \$10,000 Example: Jane and Bob Taylor's Community Endowment Fund

#### Field-of-Interest

You select a broad area of interest to receive grants from your fund. Minimum initial gift to start your fund: \$35,000 Example: The Genevieve McGiffert Memorial Fund for the Musical Performing <u>Arts</u>

#### Area Funds

You can make a gift in *any amount* to one of the Foundation's Community Endowment Area Funds for <u>Arts and Culture</u>, <u>Children and Young Adults</u>, <u>Environment and Conservation</u>, <u>Scholarship</u>, <u>Health & Wellness</u>, or <u>Senior</u> <u>Services</u>. The Foundation's Distribution Committee will make annual grants from these funds to programs in those specific areas.

#### **Donor-Advised**

You choose which charities you wish to support through a recommendation to the Board of Trustees. In most cases, a donor-advised fund can be a simpler, less expensive alternative to a private foundation. *Minimum initial gift: \$10,000 (non-endowed) \$35,000 (endowed)* <u>Example: Elizabeth C. and William J. Wilhelm Fund</u>

#### Designated

You choose a specific organization or organizations to receive annual distributions from the fund. *Minimum initial gift*: \$10,000 <u>Example: John D. Walker Memorial Endowment Fund benefitting Dream Catchers</u>

#### **Agency Endowment Funds**

Nonprofit organizations establishing endowments with the Foundation will benefit from expertise in gift acceptance, investment management and planned giving. *Minimum initial gift:* \$10,000 <u>Example: Avalon Endowment Fund</u>

#### Scholarship

Scholarship Funds established at the Foundation can support local students attending any college or university in the country. Donors may select specific criteria and express their personal values through a scholarship fund. Scholarship funds may also be established to provide tuition assistance to a specific local private nonprofit grade school or preschool. *Minimum initial gift to start your Scholarship Fund:* \$35,000 <u>Example: The Swain Family Scholarship Fund</u>

Gifts in any amount can be made to the <u>WJCC Scholarship Fund</u> (for current year scholarships) or to the WJCC Scholarship Endowment (for future scholarships).



#### To learn more about starting a fund, contact President & Chief Executive Officer Nancy Sullivan at 757-259-1660 or <u>ncsullivan@williamsburgcommunityfoundation.org</u>

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**Q** Search

#### **Designated Fund Agreement**

This agreement dated the 7<sup>th</sup> of May, 2024 is made to establish the **Colonial Behavioral Health Designated Fund** (FUND) This FUND shall be held and administered by the Greater Williamsburg Community Trust (DBA: Williamsburg Community Foundation) (FOUNDATION) a nonprofit community foundation located in Williamsburg, Virginia, as a Designated Fund in accordance with its Certificate of Incorporation and By Laws as the same have been, or may hereafter from time to time, be amended.

The FUND will be charged an annual administrative fee on a monthly basis according to a fee schedule as may from time-to-time be amended by the Board of Trustees.

The FOUNDATION shall make disbursements from the FUND to support the planning, design and construction work to build facilities to be used by Colonial Behavioral Health (CBH), the local Community Services Board serving the citizens of James City County, the City of Poquoson, the City of Williamsburg and York County, to further its mission to facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders. Any funds remaining following the construction process may be maintained in the FUND to support the general operations of Colonial Behavioral Health.

Further additions to the FUND can be made at any time and shall be subject to the conditions and understandings set forth above and, in the FOUNDATION'S Operating Policies.

It is understood that if at any time the Board of Trustees should determine that such distributions are unnecessary, incapable of fulfillment or inconsistent with the charitable needs of the community served by the FOUNDATION and/or the purposes of the FOUNDATION, it may, in the exercise of its discretion, direct the FUND's assets, in whole or in part, to the general charitable needs of the community pertaining to behavioral health, developmental disabilities and substance abuse.

It is intended that the FUND shall be a component part of the Greater Williamsburg Community Trust and not a separate trust and that nothing in this Agreement shall affect the status of the FOUNDATION as an organization described in Section 501(c)(3) of the Internal Revenue Code of 1986, as amended, and as an organization that is not a private foundation within the meaning of section 509(a) of the Code. This Agreement shall be interpreted in a manner consistent with the foregoing intention and so as to conform to the requirements of the foregoing provisions of the federal tax laws and any regulations issued pursuant thereto. The FOUNDATION is authorized to amend this Agreement to conform to the provisions of any applicable law or government regulation in order to carry out the foregoing intention. References herein to provisions of the Internal Revenue Code of 1986, as amended, shall be deemed references to the corresponding provisions of any future Internal Revenue Code.

#### **Designated Fund Agreement**

David Coe, Executive Director

Sheri Newcomb, CBH Board Chair

Accepted and Agreed:

Date

Alison Lennarz, Chair

#### **COLONIAL BEHAVIORAL HEALTH Executive Director's Report – May 2024**

#### Agency Issues

- 1. Processes related to conveyance of the CBH parcel in the Cardinal Ridge development are currently underway. The parties involved in the process are the Virginia Department of General Services, D.R. Horton (developer), James City County, and CBH/CCSI.
- 2. The CBH Procurement Policy has been amended to include the PPEA Guidelines authorized by the Board in the April meeting. An RFP release for crisis center design and build as soon as final agreements are signed for state funding for the project.
- 3. We are experiencing early success in staff recruitment as we prepare for the new Mobile Crisis team to begin operations in July.
- 4. We are pleased to report that we have successfully recruited a full-time therapist to work for CBH at Olde Towne Medical & Dental Center to begin implementation of our integrated care efforts. This is an exciting beginning, especially with the staff member's experience working in a CSB-based integrated care setting.

#### **Community Issues**

- 1. The vacant group home property (209 Lewis Burwell Place) in the City of Williamsburg has been actively listed for sale. Nancy Parsons is leading this effort on behalf of CCSI.
- 2. The Space Needs Analysis, delayed due to the crisis center opportunity, has resumed its focus on CBH's other office-based facilities. Preliminary results are expected from our contracted firm at any time, with staff review and comment on those results beginning upon receipt. The Board's review of the study's results and recommendations will follow as quickly as practicable.
- 3. State sources now show local Marcus Alert crisis response protocol implementation to be scheduled for July 2026 instead of July 2025. This appears to be due to state budget plans.

#### **Regional Issues**

1. A plan from DBHDS to include Region 5 in a Regional PSH Partnership has been proposed by DBHDS. This plan allows continuation of the project initiated when we first started our venture into PSH. The intent of that project was to bring on more units via agencies adding PSH to their services and creating the institute that is designed to work with developers to increase units set aside for homeless and/ or SMI or both. This plan is expected to bring a minimum of \$5.2 million to our region across a 5-year period.

#### **Public Policy**

- 1. Recent and unexpected positive developments in Virginia budget negotiations give us hope that an agreement will be reached in mid-May. However, we <u>may</u> not have sufficient information for a <u>full</u> budget submission in our June meeting, though we will need to take some form of budget action to provide spending and operations authority for FY 2025.
- 2. A summary of some key legislative items from the 2024 General Assembly session are attached to this report. Among those items is legislation affecting remote/virtual meeting policies for public bodies under Virginia FOIA.

Respectfully submitted, David A. Coe

#### **RECRUITMENT UPDATE**

#### For the period of 03/20/2024 – 04/23/2024:

As of 03/20/2024 CBH was actively recruiting 25 full-time positions in addition to the ongoing <u>6</u> <u>PRN/WAR</u> (pool) positions. As of 04/23/2024 CBH has 6 full-time hires finalized and 2 full-time hires pending (awaiting acceptance response) bringing the active recruitment to 19 Full-time positions, 6 PRN/WAR positions and the new developing Mobile Crisis Response Team (multiple vacancies for QMHP's and Licensed/Licensed Eligible Clinicians).



#### YEAR TO DATE REVENUES AND EXPENDITURES as of March 31, 2024

#### REVENUE

	TOTAL	F	RECEIVED				
CATEGORY	BUDGET		YTD	В	JDGET YTD	% RECEIVED	BALANCE
State	\$ 11,277,955	\$	8,455,887	\$	8,458,466	100%	\$ (2,579)
Local	\$ 3,793,000		2,777,000		2,844,750	98%	\$ (67,750)
Fees	\$ 6,129,885		4,497,690		4,597,414	98%	\$ (99,724)
Grants/Other	\$ 767,135		965,661		575,351	168%	\$ 390,310
Total Revenue	\$ 21,967,975	\$	16,696,237	\$	16,475,981	101%	\$ 220,256

#### **FY23 EXPENDITURES**

CATEGORY	TOTAL BUDGET		EXPENDED YTD	BUDGET YTD		% EXPENDED		BALANCE	
Personnel	\$	16,713,798	\$ 10,661,710	\$	12,856,768	83%	\$	2,195,057	
Staff Development	\$	99,149	68,772		74,362	92%		5,590	
Facility	\$	1,159,103	694,125		869,327	80%		175,203	
Equipment and Supplies	\$	1,069,591	539,939		802,193	67%		262,254	
Transportation	\$	211,469	171,311		158,602	108%		(12,709)	
Consultant and Contractual	\$	2,633,610	1,610,208		1,975,208	82%		365,000	
Miscellaneous	\$	81,255	61,154		60,941	100%		(213)	
Total Expenditures	\$	21,967,975	\$ 13,807,219	\$	16,797,400	82%	\$	2,990,182	

#### CARRY FORWARD EXPENDITURES

CATEGORY		XPENDED YTD			
Personnel	\$	176,191			
Staff Development	\$	34,217			
Facility	\$	231			
Equipment and Supplies	\$	116,806			
Transportation	\$	2,322			
Consultant and Contractual	\$	39,736			
Miscellaneous	\$	1,813	CARRYF	ORWARD	BALANCE
Total Expenditures	\$	371,316	\$ 76	3,110.88	
NET	\$	-	\$ 2,5	517,702	