

## Connections

Connections is Colonial Behavioral Health's community-based residential program for adults with Developmental Disabilities.

Connections provides personal, social and behavioral skills training for adults with intellectual disabilities in order to help them improve the quality of their daily lives.

Connections currently operates two houses in quiet residential neighborhoods. Current capacity is limited to 8 residents. Each resident has their own bedroom.

Connections provides a continuum of individualized residential support that is available 24 hours a day, 365 days a year.

Connections is licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS). Individuals enrolled in the program are assured confidentiality and other essential client rights including Home and Community Based Services (HCBS) rights.

Wellness, Support & Recovery Services



**Colonial**  
Behavioral Health

## Mission & Vision Statement

### Our Mission

To facilitate recovery and resiliency of individuals and families affected by mental illness, developmental disabilities, and substance use disorders.

### Our Vision

Continuing to serve as a vital partner in a community system of care that promotes the highest possible quality of life.



## Connections

### Developmental Disability Residential Services

**Williamsburg Office**  
1657 Merrimac Trail  
Williamsburg, VA 23185

**Phone:** 757-220-3200  
**Fax:** 757-229-7173

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**York-Poquoson Office**  
3804 George Washington Hwy.  
Yorktown, VA 23692

**Phone:** 757-898-7926  
**Fax:** 757-898-4505

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**24-hour Behavioral Health Crisis**  
Phone: 757-378-5555

**[www.ColonialBehavioralHealth.org](http://www.ColonialBehavioralHealth.org)**

Serving James City County, City of Poquoson,  
City of Williamsburg and York County



# Connections



## The Program

Connections focuses on facilitating community integration, independent living, and self-empowerment to improve one's daily life.

Skill building activities and specialized safety supports as appropriate are provided to assist the individual resident to acquire, improve or retain his or her health status, abilities to perform daily living task, use of community resources and adaptive skills.

Opportunities for maintaining family relationships, peer interaction, community involvement and social interactions are also available. Pursuit of hobbies and interests is encouraged.

Support is available around the clock by highly trained staff with a person-centered approach.

## Services

**Connections provides the following services:**

- Skills Assessment
- Person Centered Planning
- Resident Supervision and Support
- Community participation
- Assistance with medical appointments

Connections offers planned structured services and supports in many skills training areas based on individual preference and need.

**Examples of areas in which training is provided include:**

- Developing abilities related to personal/self care
- Developing social and environmental awareness
- Developing abilities to use community resources
- Developing positive behaviors in a variety of environments

## Service Planning

Specific goals, outcomes and support strategies based on the individual's preferences, strengths and potentials are identified and agreed upon by the resident, Connections staff and other members of the resident's service planning team.

All planned service activities are designed to empower each resident to achieve their goals and objectives while also ensuring each resident's health, safety and well being.

## Fees

Individuals participating in Connections must have a Community Living Medicaid Waiver slot. The Medicaid Waiver provides funding for the training and supports provided at Connections.

In addition, each resident is assessed a monthly program fee to cover room and board costs. This fee is based on the individual resident's income.